



# PE Unit Overview

## Reception

Autumn 1	Autumn 2
<p><b>Introduction to PE</b> In this unit the children will learn:</p> <ul style="list-style-type: none"> <li>➤ To move safely and sensibly in a space with consideration of others.</li> <li>➤ To demonstrate balance and co-ordination.</li> <li>➤ To develop moving safely and stopping with control.</li> <li>➤ To use different travelling actions whilst following a path.</li> <li>➤ To work with others co-operatively and take turns</li> <li>➤ To follow, copy and lead a partner.</li> <li>➤ To use equipment safely and responsibly.</li> </ul>	<p><b>Fundamentals</b> In this unit the children will learn:</p> <ul style="list-style-type: none"> <li>➤ To develop balancing whilst stationary and on the move.</li> <li>➤ To develop running and stopping.</li> <li>➤ To develop changing direction.</li> <li>➤ To develop jumping and landing.</li> <li>➤ To develop hopping and landing with control.</li> <li>➤ To explore different ways to travel.</li> <li>➤ To negotiate space safely with consideration for themselves and others.</li> </ul>
Spring 1	Spring 2
<p><b>Gymnastics</b> In this unit the children will learn:</p> <ul style="list-style-type: none"> <li>➤ To copy and create shapes with their body.</li> <li>➤ To be able to create shapes whilst on apparatus.</li> <li>➤ To develop balancing and taking weight on different body parts.</li> <li>➤ To develop jumping and landing safely.</li> <li>➤ To develop rocking and rolling.</li> <li>➤ To copy and create short sequences by linking actions together.</li> <li>➤ To work co-operatively with others and take turns</li> </ul>	<p><b>Ball Skills</b> In this unit pupils will learn:</p> <ul style="list-style-type: none"> <li>➤ To develop rolling a ball to a target.</li> <li>➤ To develop stopping a rolling ball.</li> <li>➤ To develop accuracy when throwing to a target.</li> <li>➤ To develop bouncing and catching a ball.</li> <li>➤ To develop dribbling a ball with their feet.</li> <li>➤ To develop kicking a ball.</li> <li>➤ To play co-operatively with others and take turns.</li> <li>➤ To play with consideration of the rules.</li> </ul>

<b>Summer 1</b>	<b>Summer 2</b>
<p><b>Dance</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To explore different body parts and how they move.</li><li>➤ To explore different body parts and how they move and remember and repeat actions.</li><li>➤ To express and communicate ideas through movement exploring directions and levels.</li><li>➤ To create movements and adapt and perform simple dance patterns.</li><li>➤ To copy and repeat actions showing confidence and imagination.</li><li>➤ To move with control and co-ordination, linking, copying and repeating actions.</li></ul>	<p><b>Games</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To work safely and develop running and stopping.</li><li>➤ To develop throwing and learn how to keep score.</li><li>➤ To play games showing an understanding of the different roles within it.</li><li>➤ To follow instructions and move safely when playing tagging games.</li><li>➤ To work co-operatively and learn to take turns.</li><li>➤ To work with others to play team games.</li></ul>

## Year 1

<b>Autumn 1</b>	<b>Autumn 2</b>
<p><b>Fundamentals</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To explore balance, stability and landing safely.</li><li>➤ To explore how the body moves differently when running at different speeds.</li><li>➤ To explore changing direction and dodging.</li><li>➤ To explore jumping, hopping and skipping actions.</li><li>➤ To explore co-ordination and combination jumps.</li><li>➤ To explore combination jumping and skipping in an individual rope.</li></ul>	<p><b>Gymnastics</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To explore travelling movements.</li><li>➤ To develop and combine travelling movements.</li><li>➤ To develop quality when performing and linking shapes.</li><li>➤ To develop stability and control when performing balances.</li><li>➤ To develop technique and control when performing shape jumps.</li><li>➤ To develop technique in the barrel, straight and forward roll.</li><li>➤ To develop rolls and use them in a sequence.</li><li>➤ To link gymnastic actions to create a sequence.</li></ul>
<b>Spring 1</b>	<b>Spring 2</b>
<p><b>Dance</b></p> <p>In this unit children will learn:</p> <ul style="list-style-type: none"><li>➤ To create my own dance using, actions, pathways and counts.</li><li>➤ To use different parts of the body in isolation and together.</li><li>➤ To copy, repeat, create and perform actions that represent the theme.</li><li>➤ To explore speeds and actions.</li><li>➤ To use expression and create actions that relate to the story.</li><li>➤ To use a pathway when travelling independently and with a partner.</li><li>➤ To explore travelling actions and use counts of 8 to move in time with the music.</li></ul>	<p><b>Sending and Receiving</b></p> <p>In this unit children will learn:</p> <ul style="list-style-type: none"><li>➤ To develop rolling and throwing a ball towards a target.</li><li>➤ To develop receiving a rolling ball and tracking skills.</li><li>➤ To be able to send and receive a ball with their feet.</li><li>➤ To develop throwing and catching skills over both short and longer distances.</li><li>➤ To apply sending and receiving skills to small games.</li><li>➤ To work co-operatively with a partner.</li></ul>

## **Summer 1**

### **Athletics**

In this unit children will learn:

- To move at different speeds over varying distances.
- To develop balance.
- To develop changing direction quickly.
- To explore hopping, jumping and leaping for distance.
- To develop throwing for distance.
- To develop overarm throwing.
- To develop throwing for accuracy (throw towards a target).
- To recognise changes in my body when I do exercise.

## **Summer 2**

### **Team Building**

In this unit children will learn:

- To co-operate with a partner to complete challenges.
- To explore and develop working as a team.
- To develop talking, listening and sharing skills.
- To use speaking and listening skills to lead a partner.
- To plan with a partner and small group to complete challenges.
- To use talking, listening and sharing skills to complete challenges.

## Year 2

<b>Autumn 1</b>	<b>Autumn 2</b>
<p><b>Invasion</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To understand what being in possession means and support a teammate to do this.</li><li>➤ To dribble a ball with both hands and feet.</li><li>➤ To understand that scoring goals is an attacking skill and to explore ways to do this.</li><li>➤ To understand that stopping goals is a defending skill and explore ways to do this.</li><li>➤ To explore how to gain possession.</li><li>➤ To mark an opponent and understand that this is a defending skill.</li><li>➤ To apply simple tactics for attacking and defending.</li><li>➤ Know how to score points and remember the score.</li></ul>	<p><b>Gymnastics</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To perform gymnastics shapes with control and link them together.</li><li>➤ To use shapes to create balances.</li><li>➤ To link travelling actions and balances using apparatus.</li><li>➤ To demonstrate different shapes, take-off and landing when performing jumps.</li><li>➤ To develop rolling and sequence building.</li><li>➤ To create a sequence using apparatus.</li></ul>
<b>Spring 1</b>	<b>Spring 2</b>
<p><b>Dance</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To remember, repeat and link actions to tell the story of my dance.</li><li>➤ To develop an understanding of dynamics and how they can show an idea.</li><li>➤ Use counts of 8 to help stay in time with the music.</li><li>➤ To copy, remember and repeat actions using facial expressions to show different characters.</li><li>➤ To explore pathways and levels.</li><li>➤ To copy, create and perform actions considering dynamics.</li><li>➤ To create a short dance phrase with a partner showing clear changes of speed.</li><li>➤ To create and perform using unison, mirroring and matching with a partner.</li><li>➤ To remember and repeat actions and dance as a group.</li><li>➤ To provide feedback to others using key words.</li></ul>	<p><b>Ball Skills</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To develop rolling a ball to hit a target.</li><li>➤ To develop stopping a rolling ball.</li><li>➤ To develop dribbling a ball with their feet.</li><li>➤ To develop kicking a ball.</li><li>➤ To develop throwing and catching.</li><li>➤ To develop dribbling a ball with their hands.</li><li>➤ Begin to understand and use simple tactics.</li><li>➤ To work co-operatively with a partner and a small group.</li></ul>

<b>Summer 1</b>	<b>Summer 2</b>
<p data-bbox="109 162 271 193"><b>Athletics</b></p> <p data-bbox="143 199 600 229">In this unit the children will learn:</p> <ul data-bbox="143 236 949 555" style="list-style-type: none"><li data-bbox="143 236 658 266">➤ To develop the sprinting action.</li><li data-bbox="143 272 678 303">➤ To develop jumping for distance.</li><li data-bbox="143 309 649 339">➤ To develop jumping for height.</li><li data-bbox="143 346 647 376">➤ To jump and land with control.</li><li data-bbox="143 383 943 413">➤ To develop throwing for distance (overarm throw).</li><li data-bbox="143 419 696 450">➤ To develop throwing for accuracy.</li><li data-bbox="143 456 949 518">➤ To select and apply knowledge and technique in an athletics carousel.</li><li data-bbox="143 525 918 555">➤ To describe how their body feels during exercise.</li></ul>	<p data-bbox="1025 162 1283 193"><b>Target Games</b></p> <p data-bbox="1059 199 1516 229">In this unit the children will learn:</p> <ul data-bbox="1059 236 2056 592" style="list-style-type: none"><li data-bbox="1059 236 2049 266">➤ To consider how much power to apply when aiming at a target.</li><li data-bbox="1059 272 1966 335">➤ To understand how to score using overarm and underarm throwing.</li><li data-bbox="1059 341 1951 403">➤ To throw, roll or strike a ball towards a target with some success.</li><li data-bbox="1059 410 1632 440">➤ To develop hitting a moving target.</li><li data-bbox="1059 446 2002 477">➤ To select and apply the appropriate skill to the target game.</li><li data-bbox="1059 483 2056 545">➤ To understand the principles of a target game and use different scoring systems.</li><li data-bbox="1059 552 1798 582">➤ To show an improvement in my personal best.</li></ul>

## Year 3

<b>Autumn 1</b>	<b>Autumn 2</b>
<p><b>Netball</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To understand the role of an attacker when in possession.</li><li>➤ To develop movement skills to lose a defender.</li><li>➤ To understand that scoring goals is an attacking skill and learn how to do this.</li><li>➤ To understand the role of defender.</li><li>➤ To remember that intercepting is a defending skill and explore ways to do this.</li><li>➤ To apply skills and knowledge to play games using netball rules.</li><li>➤ To provide feedback using key words.</li><li>➤ Work co-operatively within a group to self-manage games.</li></ul>	<p><b>Gymnastics</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To create interesting point and patch balances both on and off apparatus.</li><li>➤ To develop stepping into shape jumps with control both on and off apparatus.</li><li>➤ To develop the straight, barrel, and forward roll.</li><li>➤ To include rolls in sequence work using apparatus.</li><li>➤ To transition smoothly into and out of balances both on and off apparatus.</li><li>➤ To create a sequence with matching and contrasting actions and shapes both on and off apparatus.</li><li>➤ To create a partner sequence using skills learnt and incorporating apparatus.</li><li>➤ To provide feedback using key words.</li><li>➤ With help, recognise how performances could be improved.</li></ul>
<b>Spring 1</b>	<b>Spring 2</b>
<p><b>Yoga</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To explore poses that challenge balance.</li><li>➤ To create a flow using poses that challenge balance.</li><li>➤ To explore poses that challenge flexibility and link these to create a short flow.</li><li>➤ To explore poses that challenge my strength and link these to create a short flow.</li><li>➤ To show some stability when holding yoga poses</li><li>➤ To provide feedback using key words</li><li>➤ To describe how yoga makes me feel.</li></ul>	<p><b>Tennis</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To develop racket and ball control.</li><li>➤ To explore rallying using a forehand.</li><li>➤ To explore returning the ball using a forehand.</li><li>➤ To explore returning the ball using a backhand.</li><li>➤ To learn how to score and use simple rules.</li><li>➤ To work co-operatively with others to begin to manage a game.</li><li>➤ To provide feedback using key words.</li><li>➤ To understand the rules of the game and use them to play fairly.</li></ul>

<b>Summer 1</b>	<b>Summer 2</b>
<p><b>Athletics</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"> <li>➤ To develop the sprinting technique and improve on their personal best.</li> <li>➤ To develop changeover technique in relay events.</li> <li>➤ To develop jumping technique in a range of approaches and take off positions.</li> <li>➤ To develop throwing for distance and accuracy.</li> <li>➤ To develop throwing for distance in a pull throw.</li> <li>➤ To develop officiating and performing skills.</li> </ul>	<p><b>Hockey</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"> <li>➤ To send and receive with some control.</li> <li>➤ To move safely and with control when dribbling.</li> <li>➤ To develop decision making in attack.</li> <li>➤ To find space away from others to receive the ball.</li> <li>➤ To understand the role of a defender.</li> <li>➤ To apply tactics to small sided games.</li> <li>➤ To apply rules, skills and tactics to play in a tournament.</li> <li>➤ To work co-operatively with others to self-manage games.</li> </ul>

## Year 4

<b>Autumn 1</b>	<b>Autumn 2</b>
<p><b>Basketball</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To develop attacking skills to move towards a goal.</li><li>➤ To develop passing and moving and play within the rules of the game.</li><li>➤ To develop movement skills to lose a defender and move into space.</li><li>➤ To develop defending skills to delay an attacker and gain possession.</li><li>➤ To use space effectively to create shooting opportunities.</li><li>➤ To apply skills and knowledge to play games using basketball rules.</li></ul>	<p><b>Gymnastics</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To develop individual and partner balances both on and off apparatus.</li><li>➤ To develop control in performing and landing rotation jumps both on and off apparatus.</li><li>➤ To develop and assess their performance of the straight, barrel, forward and straddle roll.</li><li>➤ To link actions that flow using the rolls I have learnt.</li><li>➤ To link actions that flow in a partner sequence using the rolls I have learnt.</li><li>➤ To develop strength in inverted movements.</li><li>➤ To create a 'great' partner sequence to include the skills I have learnt and apparatus.</li></ul>
<b>Spring 1</b>	<b>Spring 2</b>
<p><b>Dance</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To copy and remember set choreography.</li><li>➤ To develop a dance using matching and mirroring.</li><li>➤ To develop a dance using formations, canon and unison.</li><li>➤ To use changes in timing and spacing to develop a dance.</li><li>➤ To use counts to keep in time with others and the music.</li><li>➤ To learn and perform a partner dance in a 1960s style.</li><li>➤ To use simple movement patterns to structure dance phrases on their own, with a partner and in a group.</li><li>➤ To show respect for others when working as a group and watching others perform.</li><li>➤ To provide feedback using appropriate vocabulary.</li></ul>	<p><b>OAA</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To develop co-operation and teamwork skills.</li><li>➤ To orientate a map and navigate around a grid.</li><li>➤ To develop observational skills, listening to others and following instructions.</li><li>➤ To develop trust whilst listening to others and following instructions.</li><li>➤ To be able to identify, draw and follow a simple map.</li><li>➤ To be able to orientate and navigate around a map and draw a route using directions.</li><li>➤ To work collaboratively and effectively with a partner and a small group.</li></ul>

<b>Summer 1</b>	<b>Summer 2</b>
<p><b>Athletics</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"> <li>➤ To develop stamina and an understanding of speed and pace in relation to distance.</li> <li>➤ To develop power and speed in the sprinting technique.</li> <li>➤ To develop technique when jumping for distance.</li> <li>➤ To develop power and technique when throwing for distance.</li> <li>➤ To develop a pull throw for distance and accuracy.</li> <li>➤ To develop officiating and performing skills.</li> <li>➤ To explain what happens in their body when they warm up.</li> <li>➤ To identify what makes them successful and what they need to do to improve.</li> </ul>	<p><b>Cricket</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"> <li>➤ To develop overarm and underarm throwing and apply these to a striking and fielding game.</li> <li>➤ To develop bowling technique and learn the rules of the skill within this game.</li> <li>➤ To develop batting technique and understand where to hit the ball (to strike a bowled ball after a bounce).</li> <li>➤ To develop fielding techniques and apply them to game situations.</li> <li>➤ To play different roles in a game and begin to think tactically about each role.</li> <li>➤ To apply skills and knowledge to compete in a tournament.</li> <li>➤ To provide feedback using key terminology and understand what they need to do to improve.</li> </ul>

## Year 5

<b>Autumn 1</b>	<b>Autumn 2</b>
<p><b>Volleyball</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To use the serve with consideration of attacking principles.</li><li>➤ To develop the fast catch volley with consideration of attacking principles.</li><li>➤ To develop the set shot and use it to pass to a teammate.</li><li>➤ To recap the set shot and develop the dig, identifying when to use each.</li><li>➤ To use a variety of shots to keep a continuous rally going.</li><li>➤ To apply rules, skills and principles to play against an opponent.</li><li>➤ To work co-operatively with others to manage a game.</li><li>➤ To identify when they are successful and what they need to do to improve.</li></ul>	<p><b>Gymnastics</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To perform symmetrical and asymmetrical balances both on and off apparatus.</li><li>➤ To develop the straight, forward, straddle and backward roll and use these to create a sequence.</li><li>➤ To explore different methods of travelling, linking actions in both canon and synchronisation.</li><li>➤ To perform progressions of inverted movements.</li><li>➤ To explore matching and mirroring using actions both on the floor and on apparatus.</li><li>➤ To create partner and groups sequences using apparatus.</li><li>➤ To use set criteria to make simple judgements about performances and suggest ways they could be improved.</li></ul>
<b>Spring 1</b>	<b>Spring 2</b>
<p><b>Dance</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To accurately copy and repeat set choreography in different styles.</li><li>➤ To choreograph phrases individually and with others with consideration of dynamics, space and relationships.</li><li>➤ To confidently perform different styles of dance, clearly and fluently, showing a good sense of timing.</li><li>➤ To lead a group through short warm-up routines.</li><li>➤ To suggest ways to improve their own and other's work using key terminology.</li><li>➤ Use counts when choreographing to stay in time with others and the music.</li></ul>	<p><b>Football</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To develop ways to move the ball and apply them to different situations.</li><li>➤ To send and receive under pressure.</li><li>➤ To communicate with my team, move into space and take the ball towards goal.</li><li>➤ To use defensive techniques to win possession.</li><li>➤ To apply defending tactics as a team.</li><li>➤ To use and apply skills, principles and tactics to a game situation.</li><li>➤ To understand the rules of the game and use them to play fairly.</li></ul>

<b>Summer 1</b>	<b>Summer 2</b>
<p><b>Athletics</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"> <li>➤ To understand pace and apply different speeds over varying distances.</li> <li>➤ To develop fluency and co-ordination when running for speed.</li> <li>➤ To develop technique in relay changeovers.</li> <li>➤ To build momentum and power in the triple jump.</li> <li>➤ To develop throwing with force for longer distances.</li> <li>➤ To develop throwing with greater control and technique.</li> <li>➤ To identify good athletic performance and explain why it is good.</li> <li>➤ To take on the role of coach, official and timer when working in a group.</li> </ul>	<p><b>Swimming</b></p> <p>(This is taught by swimming coaches employed by Bolton Council.)</p> <ul style="list-style-type: none"> <li>➤ To develop gliding, front crawl and backstroke.</li> <li>➤ To develop rotation, sculling and treading water.</li> <li>➤ To develop the front crawl stroke and breathing technique.</li> <li>➤ To develop the technique for backstroke arms and legs.</li> <li>➤ To develop breaststroke technique including breathing.</li> <li>➤ To develop basic skills of water safety and floating.</li> <li>➤ To learn techniques for personal survival.</li> <li>➤ To develop water safety skills and an understanding of personal survival.</li> </ul>

## Year 6

<b>Autumn 1</b>	<b>Autumn 2</b>
<p><b>Hockey</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To develop dribbling skills to beat a defender.</li><li>➤ To send and receive the ball with control under pressure.</li><li>➤ To create and use space to help my team.</li><li>➤ To select the appropriate skill, choosing when to pass and when to dribble.</li><li>➤ To move into and create space to support a teammate.</li><li>➤ To use the appropriate defensive technique for the situation.</li><li>➤ To apply rules, skills and principles to play in a tournament.</li><li>➤ To work in collaboration with others so that games run smoothly.</li><li>➤ To recognise their own and others' strengths and areas for development and suggest ways to improve.</li></ul>	<p><b>Gymnastics</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To develop the straddle, forward and backward roll.</li><li>➤ To develop rolling into sequence work and on apparatus.</li><li>➤ To develop counter balance and counter tension both on and off apparatus.</li><li>➤ To develop jumps and explore the effect of height.</li><li>➤ To explore jump sequence work with consideration of performance tools.</li><li>➤ To develop inverted movements with control.</li><li>➤ To use flight from hands to travel over apparatus.</li><li>➤ To create a group sequence using formations and apparatus.</li><li>➤ To create a contrasting group sequence using formations and apparatus.</li><li>➤ To lead small group through a short warm-up routine.</li></ul>
<b>Spring 1</b>	<b>Spring 2</b>
<p><b>Fitness</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To develop an awareness of what their body is able to do.</li><li>➤ To develop speed and stamina.</li><li>➤ To change running technique to adapt to different distances.</li><li>➤ To collect, record and analyse scores to identify areas where they have made the most improvement.</li><li>➤ To develop strength using own body weight.</li><li>➤ To develop co-ordination.</li><li>➤ To develop agility.</li><li>➤ To develop balancing with control.</li></ul>	<p><b>OAA</b></p> <p>In this unit the children will learn:</p> <ul style="list-style-type: none"><li>➤ To build communication and trust whilst showing an awareness of safety.</li><li>➤ To collaborate as a team to solve problems.</li><li>➤ To develop tactical planning and problem solving.</li><li>➤ To work as a team and use critical thinking to determine the best approach.</li><li>➤ To develop navigational skills and map reading.</li><li>➤ To orientate a map effectively to navigate around a course.</li><li>➤ To use a key to identify objects and locations.</li><li>➤ To reflect on when and how they were successful at solving challenges and alter their methods in order to improve.</li></ul>

<b>Summer 1</b>	<b>Summer 2</b>
<p data-bbox="109 156 271 188"><b>Athletics</b></p> <p data-bbox="141 194 600 226">In this unit the children will learn:</p> <ul data-bbox="141 233 1008 695" style="list-style-type: none"><li data-bbox="141 233 976 264">➤ To develop their own and others sprinting technique.</li><li data-bbox="141 268 938 331">➤ To identify and apply a suitable pace for a running event.</li><li data-bbox="141 335 992 399">➤ To develop power, control and technique for the triple jump.</li><li data-bbox="141 402 887 466">➤ To develop power, control and technique when throwing for distance.</li><li data-bbox="141 469 1008 533">➤ To develop throwing with force and accuracy for longer distances.</li><li data-bbox="141 536 958 600">➤ To work collaboratively in a team to develop the officiating skills of measuring, timing and recording.</li><li data-bbox="141 603 960 667">➤ To help others to improve their technique using key teaching points.</li></ul>	<p data-bbox="1023 156 1207 188"><b>Rounders</b></p> <p data-bbox="1055 194 1514 226">In this unit the children will learn:</p> <ul data-bbox="1055 233 2069 552" style="list-style-type: none"><li data-bbox="1055 233 2002 296">➤ To develop throwing and catching under pressure and apply these to a striking and fielding game.</li><li data-bbox="1055 300 2069 363">➤ To develop bowling under pressure whilst abiding by the rules of the game.</li><li data-bbox="1055 367 1868 399">➤ To strike a bowled ball with increasing consistency.</li><li data-bbox="1055 402 2058 466">➤ To develop fielding techniques and select the appropriate action for the situation.</li><li data-bbox="1055 469 1749 501">➤ To understand and apply tactics in a game.</li><li data-bbox="1055 504 2069 552">➤ To apply skills and knowledge to compete fairly in a tournament.</li></ul>