



PE

Reception

## Reception – Introduction to PE

### What I know and can explain

- I can move safely and sensibly in a space with consideration of others.
- I can demonstrate balance and co-ordination.
- I can develop moving safely and stopping with control.
- I can use different travelling actions whilst following a path.
- I can work with others co-operatively and take turns
- I can follow, copy and lead a partner.
- I can use equipment safely and responsibly.

### Useful Vocabulary

space

balance

start

stop

control

safely

path

follow

copy

partner

move

travel

## Reception – Fundamentals

### What I know and can explain

- I have developed the skill of balancing whilst stationary and on the move.
- I have developed the skills of running and stopping.
- I have developed the skill of changing direction.
- I have developed the skills of jumping and landing.
- I know how to hop and land with control.
- I can explain different ways to travel.
- I am able to negotiate space safely with consideration for myself and others.

### Useful Vocabulary

balance

bend

crawl

direction

fast

hop

jump

rules

run

safely

slide

slow

space

stop

travel

## Reception – Gymnastics

### What I know and can explain

- I can copy and create shapes with their body.
- I am able to create shapes whilst on apparatus.
- I know how to develop balancing and taking weight on different body parts.
- I know how to develop jumping and landing safely.
- I have developed the skills of rocking and rolling.
- I can copy and create short sequences by linking actions together.
- I work co-operatively with others and take turns.

### Useful Vocabulary

around  
balance  
bend  
copy  
hold  
jump  
land  
over  
rock  
roll  
shape  
squeeze  
star  
still  
straight  
through  
travel

## Reception – Ball Skills

### **What I know and can explain**

- I have developed the skill of rolling a ball to a target.
- I have developed the skill of a rolling ball.
- I have developed my accuracy when throwing to a target.
- I have developed the skill of bouncing and catching a ball.
- I have developed the skill of dribbling a ball with their feet.
- I have developed the skill of kicking a ball.
- I know how to play co-operatively with others and take turns.
- I know how to play with consideration of the rules.

### Useful Vocabulary

**ball**  
**bounce**  
**catch**  
**dribbling**  
**hit**  
**kick**  
**partner**  
**points**  
**ready**  
**roll**  
**run**  
**score**  
**target**  
**throw**

## Reception – Dance

### What I know and can explain

- I know the names of different body parts and how they move.
- I know the names of different body parts and how they move and can remember and repeat actions.
- I can express and communicate ideas through movement exploring directions and levels.
- I know how to create movements and adapt and perform simple dance patterns.
- I am able to copy and repeat actions showing confidence and imagination.
- I know how to move with control and co-ordination, linking, copying and repeating actions.

### Useful Vocabulary

**action**  
**counts**  
**direction**  
**finish position**  
**high**  
**low**  
**move**  
**quickly**  
**shape**  
**slowly**  
**space**  
**start position**  
**travel**

## Reception – Games

### What I know and can explain

- I know how to work safely and develop running and stopping.
- I have developed throwing skills and have learned how to keep score.
- I know how to play games and have an understanding of the different roles within them.
- I can follow instructions and move safely when playing tagging games.
- I can work co-operatively and learn to take turns.
- I can work with others to play team games.

### Useful Vocabulary

aim  
bounce  
catch  
direction  
dribble  
jump  
kick  
land  
lose  
partner  
pass  
points  
rules  
score  
space  
team  
throw  
win



**PE**

**Year 1**

## Year 1 – Fundamentals

### What I know and can explain

- I have explored balance, stability and landing safely.
- I can explain how the body moves differently when running at different speeds.
- I know how to change direction and dodging.
- I can demonstrate jumping, hopping and skipping actions.
- I know how to complete co-ordination and combination jumps.
- I can perform combination jumping and skipping using an individual rope.

### Useful Vocabulary

balance

dodge

direction

jog

jump

land

ready position

rules

skip

space

swing

travel

## Year 1 – Gymnastics

### **What I know and can explain**

- I can complete travelling movements.
- I can combine travelling movements.
- I have developed quality when performing and linking shapes.
- I have developed stability and control when performing balances.
- I have developed technique and control when performing shape jumps.
- I have developed technique in the barrel, straight and forward roll.
- I can perform rolls and use them in a sequence.
- I can link gymnastic actions to create a sequence.

### Useful Vocabulary

**action**  
**barrel roll**  
**control**  
**direction**  
**forward roll**  
**level**  
**sequence**  
**speed**  
**straight roll**

## Year 1 – Dance

### **What I know and can explain**

- I can create my own dance using, actions, pathways and counts.
- I can use different parts of the body in isolation and together.
- I can copy, repeat, create and perform actions that represent the theme.
- I have explored speeds and actions.
- I can use expression and create actions that relate to the story.
- I know how to use a pathway when travelling independently and with a partner.
- I know a range of travelling actions and can use counts of 8 to move in time with the music.

### Useful Vocabulary

**balance**

**beat**

**copy**

**fast**

**level**

**pathway**

**pose**

**timing**

## Year 1 – Sending and Receiving

### What I know and can explain

- I can roll and throw a ball towards a target.
- I have developed receiving a rolling ball and tracking skills.
- I am able to send and receive a ball with my feet.
- I have developed my throwing and catching skills over both short and longer distances.
- I can apply sending and receiving skills to small games.
- I know how to work co-operatively with a partner.

### Useful Vocabulary

**balance**  
**distance**  
**dribble**  
**further**  
**overarm**  
**partner**  
**swing**  
**target**  
**underarm**

## Year 1 – Athletics

### What I know and can explain

- I know how to move at different speeds over varying distances.
- I have developed balance.
- I am able to change direction quickly.
- I can explain how to hop, jump and leap for distance.
- I know how to throw for distance.
- I have developed the skill of overarm throwing.
- I have developed the skill of throwing for accuracy (throw towards a target).
- I can recognise and explain changes in my body when I do exercise.

### Useful Vocabulary

balance  
control  
direction  
further  
leap  
overarm  
quickly  
target  
time  
underarm  
walk

## Year 1 – Team Building

### **What I know and can explain**

- I can co-operate with a partner to complete challenges.
- I know how to work as a team.
- I have developed my talking, listening and sharing skills.
- I can use speaking and listening skills to lead a partner.
- I know how to plan with a partner and small group to complete challenges.
- I can use talking, listening and sharing skills to complete challenges.

### Useful Vocabulary

**challenge**  
**co-operate**  
**direction**  
**instructions**  
**lead**  
**listen**  
**partner**  
**plan**  
**score**  
**share**  
**talk**  
**team**



**PE**

**Year 2**

## Year 2 – Invasion Games

### What I know and can explain

- I understand what being in possession means and support a teammate to do this.
- I know how to dribble a ball with both hands and feet.
- I understand that scoring goals is an attacking skill and have explored ways to do this.
- I understand that stopping goals is a defending skill and can explain ways to do this.
- I can explain how to gain possession.
- I know how to mark an opponent and understand that this is a defending skill.
- I can apply simple tactics for attacking and defending.
- I know how to score points and remember the score.

### Useful Vocabulary

**attack**  
**defend**  
**goalkeeper**  
**opponent**  
**possession**  
**receive**  
**send**  
**shoot**  
**tactic**  
**teammate**

## Year 2 – Gymnastics

### **What I know and can explain**

- I can perform gymnastics shapes with control and link them together.
- I know how to use shapes to create balances.
- I can link travelling actions and balances using apparatus.
- I can demonstrate different shapes, take-off and landing when performing jumps.
- I have developed the skills of rolling and sequence building.
- I know how to create a sequence using apparatus.

### Useful Vocabulary

**link**

**pathway**

**pike**

**sequence**

**straddle**

**tuck**

## Year 2 – Dance

### **What I know and can explain**

- I can remember, repeat and link actions to tell the story of my dance.
- I have developed an understanding of dynamics and how they can show an idea.
- I know how to use counts of 8 to help stay in time with the music.
- I can copy, remember and repeat actions using facial expressions to show different characters.
- I have explored pathways and levels.
- I am able to copy, create and perform actions considering dynamics.
- I have created a short dance phrase with a partner showing clear changes of speed.
- I have created and performed using unison, mirroring and matching with a partner.
- I can remember and repeat actions and dance as a group.
- I know how to provide feedback to others using key words.

### Useful Vocabulary

**create**

**dynamics**

**expression**

**matching**

**mirroring**

**perform**

**speed**

**unison**

## Year 2 – Ball Skills

### **What I know and can explain**

- I know how to roll a ball to hit a target.
- I have developed the skill of stopping a rolling ball.
- I know how to dribble a ball with my feet.
- I have developed the skill of kicking a ball.
- I have developed my throwing and catching skills.
- I know how to dribble a ball with my hands.
- I understand and use simple tactics.
- I know how to work co-operatively with a partner and a small group.

### Useful Vocabulary

**collect**

**control**

**prepare**

**ready position**

**receive**

**release**

**swing**

**touch**

**track**

**underarm**

## Year 2 – Athletics

### What I know and can explain

- I have developed the sprinting action.
- I know how to jump for distance.
- I know how to jump for height.
- I can jump and land with control.
- I have developed the skill of throwing for distance (overarm throw).
- I have developed the skill of throwing for accuracy.
- I can explain how to select and apply knowledge and technique in an athletics carousel.
- I can describe how my body feels during exercise.

### Useful Vocabulary

aim  
distance  
far  
height  
landing  
overarm  
sprint  
take off  
underarm

## Year 2 – Target Games

### **What I know and can explain**

- I know to consider how much power to apply when aiming at a target.
- I understand how to score using overarm and underarm throwing.
- I am able to throw, roll or strike a ball towards a target with some success.
- I have developed the skill of hitting a moving target.
- I can select and apply the appropriate skill to the target game.
- I understand the principles of a target game and use different scoring systems.
- I have shown an improvement in my personal best.

### Useful Vocabulary

**accurate**  
**ahead**  
**opponent**  
**overarm**  
**release**  
**strike**  
**teammate**  
**underarm**



**PE**

**Year 3**

## Year 3 – Netball

### What I know and can explain

- I understand the role of an attacker when in possession.
- I have developed the movement skills required to lose a defender.
- I understand that scoring goals is an attacking skill and have learned how to do this.
- I understand the role of defender.
- I can explain that intercepting is a defending skill and have explored ways to do this.
- I can apply skills and knowledge to play games using netball rules.
- I understand how to provide feedback using key words.
- I know how to work co-operatively within a group to self-manage games.

### Useful Vocabulary

accurate  
communicate  
control  
court  
intercept  
invasion  
opposition  
pitch  
receiver  
referee  
teamwork  
technique  
tournament  
umpire

## Year 3 – Gymnastics

### **What I know and can explain**

- I can create interesting point and patch balances both on and off apparatus.
- I have developed the skill of stepping into shape jumps with control both on and off apparatus.
- I know how to perform straight, barrel, and forward rolls.
- I can include rolls in sequence work using apparatus.
- I am able to transition smoothly into and out of balances both on and off apparatus.
- I have created sequences with matching and contrasting actions and shapes both on and off apparatus.
- I can create a partner sequence using skills learnt and incorporating apparatus.
- I know how to provide feedback using key words.
- With help, I can recognise how performances could be improved.

### Useful Vocabulary

**apparatus**

**body tension**

**contrast**

**extend**

**flow**

**landing position**

**match**

**patch**

**point**

**take off**

## Year 3 – Yoga

### **What I know and can explain**

- I have explored poses that challenge balance.
- I can create a flow using poses that challenge balance.
- I have explored poses that challenge flexibility and link these to create a short flow.
- I have explored poses that challenge my strength and know how to link these to create a short flow.
- I can show some stability when holding yoga poses
- I know how to provide feedback using key words
- I can explain how yoga makes me feel.

### Useful Vocabulary

**balance**

**base**

**breath**

**control**

**extend**

**flexibility**

**flow**

**mindfulness**

**pose**

**relax**

**strength**

**tilt**

## Year 3 – Tennis

### What I know and can explain

- I have developed racket and ball control.
- I have explored rallying using a forehand.
- I know how to return the ball using a forehand.
- I know how to return the ball using a backhand.
- I can explain how to score and use simple rules.
- I can work co-operatively with others to begin to manage a game.
- I understand how to provide feedback using key words.
- I understand the rules of the game and use them to play fairly.

### Useful Vocabulary

backhand  
competition  
control  
co-operation  
court  
face  
forehand  
opponent  
opposition  
rally  
react  
tactic

## Year 3 – Athletics

### What I know and can explain

- I have developed the sprinting technique and have improved on my personal best.
- I have developed the skills required for an effective changeover technique in relay events.
- I have developed my jumping technique in a range of approaches and take off positions.
- I know how to throw for distance and accuracy.
- I know how to throw for distance in a pull throw.
- I have developed officiating and performing skills.

### Useful Vocabulary

accuracy

baton

event

personal best

power

relay

speed

strength

technique

## Year 3 – Hockey

### **What I know and can explain**

- I am able to send and receive a ball with some control.
- I can move safely and with control when dribbling.
- I can explain effective decision making in attack.
- I am able to find space away from others to receive the ball.
- I understand the role of a defender.
- I can apply tactics to small sided games.
- I understand the rules, skills and tactics to play in a tournament.
- I am able to work co-operatively with others to self-manage games.

### Useful Vocabulary

agility  
attacker  
caught out  
chip  
communicate  
defender  
dribble  
drive  
grip  
hit out  
opposition  
power  
receive  
tactic  
technique  
tournament



**PE**

**Year 4**

## Year 4 – Basketball

### What I know and can explain

- I have developed the attacking skills to move towards a goal.
- I know how to pass, move and play within the rules of the game.
- I have developed the movement skills to lose a defender and move into space.
- I have developed the defending skills to delay an attacker and gain possession.
- I use space effectively to create shooting opportunities.
- I can apply skills and knowledge to play games using basketball rules.

### Useful Vocabulary

accelerate

decision

delay

deny

gain

limit

momentum

obstruct

offside

onside

option

pressure

protect

support

tackle

timing

## Year 4 – Gymnastics

### **What I know and can explain**

- I have developed the skill of individual and partner balances both on and off apparatus.
- I can demonstrate control when performing and landing rotation jumps both on and off apparatus.
- I have developed and can assess my performance of the straight, barrel, forward and straddle roll.
- I know how to link actions that flow using the rolls I have learnt.
- I am able to link actions that flow in a partner sequence using the rolls I have learnt.
- I have developed strength in inverted movements.
- I am able to create a 'great' partner sequence to include the skills I have learnt and apparatus.

### Useful Vocabulary

**bridge**

**fluidity**

**inverted**

**momentum**

**perform**

**rotation**

**shoulder stand**

**stability**

**wrist grip**

## Year 4 – Dance

### What I know and can explain

- I know how to copy and remember set choreography.
- I have developed a dance using matching and mirroring.
- I have developed a dance using formations, canon and unison.
- I know how to use changes in timing and spacing to develop a dance.
- I can use counts to keep in time with others and the music.
- I have learned and performed a partner dance in a 1960s style.
- I am able to use simple movement patterns to structure dance phrases on my own, with a partner and in a group.
- I show respect for others when working as a group and watching others perform.
- I know how to provide feedback using appropriate vocabulary.

### Useful Vocabulary

**action and reaction**

**canon**

**extend**

**feedback**

**flow**

**formation**

**interact**

**performance**

**phrase**

**relationship**

**represent**

**rhythm**

**structure**

## Year 4 – OAA

### What I know and can explain

- I have developed my co-operation and teamwork skills.
- I know how to orientate a map and navigate around a grid.
- I have developed my observational skills, listening to others and following instructions.
- I have developed trust whilst listening to others and following instructions.
- I am able to identify, draw and follow a simple map.
- I am able to orientate and navigate around a map and draw a route using directions.
- I know how to work collaboratively and effectively with a partner and a small group.

### Useful Vocabulary

collaborate

compass

course

effectively

honest

interrupt

leader

navigate

orientate

reflect

role

route

symbol

tactics

trust

## Year 4 – Athletics

### **What I know and can explain**

- I have developed stamina and an understanding of speed and pace in relation to distance.
- I have developed power and speed in the sprinting technique.
- I have developed technique when jumping for distance.
- I have developed power and technique when throwing for distance.
- I can perform a pull throw for distance and accuracy.
- I have developed a range of officiating and performing skills.
- I can explain what happens in my body when I warm up.
- I am able to identify what makes me successful and what I need to do to improve.

### Useful Vocabulary

**heave**

**launch**

**measure**

**official**

**officiate**

**pace**

**record**

**stamina**

**stride**

**transfer of weight**

## Year 4 – Cricket

### **What I know and can explain**

- I have developed overarm and underarm throwing skills and am able to apply these to a striking and fielding game.
- I have developed bowling technique and have learned the rules of the skill within this game.
- I have developed my batting technique and understand where to hit the ball (to strike a bowled ball after a bounce).
- I have developed fielding techniques and am able to apply them to game situations.
- I have played different roles in a game and have begun to think tactically about each role.
- I can apply my skills and knowledge to compete in a tournament.
- I know how to provide feedback using key terminology and understand what I need to do to improve.

### Useful Vocabulary

**accuracy**  
**batting**  
**bowler**  
**caught out**  
**compete**  
**cushion**  
**fielding**  
**grip**  
**no ball**  
**retrieve**  
**run out**  
**umpire**  
**wicket**



**PE**

**Year 5**

## Year 5 – Volleyball

### What I know and can explain

- I know how to use the serve with consideration of attacking principles.
- I have developed the fast catch volley with consideration of attacking principles.
- I know how to play the set shot and use it to pass to a teammate.
- I can perform the set shot and develop the dig, identifying when to use each.
- I know how to use a variety of shots to keep a continuous rally going.
- I am able to apply rules, skills and principles to play against an opponent.
- I can work co-operatively with others to manage a game.
- I am able to identify when I am successful and what I need to do to improve.

### Useful Vocabulary

adjust

alternate

baseline

communicate

dominant

grip

groundstroke

non-dominant

rally

release

serve

sportsmanship

technique

volley

## Year 5 – Gymnastics

### **What I know and can explain**

- I am able to perform symmetrical and asymmetrical balances both on and off apparatus.
- I can perform the straight, forward, straddle and backward roll and use these to create a sequence.
- I have explored different methods of travelling, linking actions in both canon and synchronisation.
- I have performed progressions of inverted movements.
- I understand matching and mirroring and have used actions both on the floor and on apparatus.
- I know how to create partner and groups sequences using apparatus.
- I am able to use set criteria to make simple judgements about performances and suggest ways they could be improved.

### Useful Vocabulary

**asymmetrical**  
**canon**  
**cartwheel**  
**decide**  
**extension**  
**identify**  
**mirroring**  
**observe**  
**performance**  
**quality**  
**stable**  
**symmetrical**  
**synchronisation**  
**transition**

## Year 5 – Dance

### What I know and can explain

- I can accurately copy and repeat set choreography in different styles.
- I have choreographed phrases individually and with others with consideration of dynamics, space and relationships.
- I can confidently perform different styles of dance, clearly and fluently, showing a good sense of timing.
- I know how to lead a group through short warm-up routines.
- I can suggest ways to improve my own and other's work using key terminology.
- I know how to counts when choreographing to stay in time with others and the music.

### Useful Vocabulary

**choreograph**  
**choreography**  
**collaboratively**  
**genre**  
**motif**  
**posture**  
**quality**  
**transition**

## Year 5 – Football

### What I know and can explain

- I have developed ways to move the ball and am able to apply them to different situations.
- I can send and receive a ball under pressure.
- I know how to communicate with my team, move into space and take the ball towards goal.
- I understand how to use defensive techniques to win possession.
- I can apply defending tactics as a team.
- I can use and apply skills, principles and tactics to a game situation.
- I understand the rules of the game and use them to play fairly

### Useful Vocabulary

angle  
attach  
close down  
communicate  
create  
defend  
dominant  
drive  
pressure  
rebound  
stance  
sporting behaviour  
sportsmanship  
technique

## Year 5 – Athletics

### What I know and can explain

- I understand pace and apply different speeds over varying distances.
- I have developed fluency and co-ordination when running for speed.
- I can explain a good technique for relay changeovers.
- I have built momentum and power in the triple jump.
- I have developed the skill of throwing with force for longer distances.
- I have developed the skill of throwing with greater control and technique.
- I am able to identify good athletic performance and explain why it is good.
- I am able to take on the role of coach, official and timer when working in a group.

### Useful Vocabulary

approach  
changeover  
consistent  
dominant  
drive  
field  
force  
javelin  
momentum  
shot put  
track

## Year 5 – Swimming

### What I know and can explain

- I have developed the skills of gliding, front crawl and backstroke.
- I understand and can demonstrate rotation, sculling and treading water.
- I can perform the front crawl stroke and breathing technique.
- I am able to demonstrate the technique for backstroke arms and legs.
- I can perform breaststroke technique including breathing.
- I can explain and demonstrate the basic skills of water safety and floating.
- I can explain the key techniques for personal survival.
- I have developed water safety skills and can show an understanding of personal survival.

### Useful Vocabulary

backstroke  
breastroke  
floating  
front crawl  
H.E.L.P position  
motion  
sculling  
sidestroke  
sinking  
streamline  
stroke  
surface  
survival  
technique  
treading water  
water safety



**PE**

**Year 6**

## Year 6 – Hockey

### What I know and can explain

- I can demonstrate dribbling skills to beat a defender.
- I am able to send and receive the ball with control under pressure.
- I can create and use space to help my team.
- I select the appropriate skill, choosing when to pass and when to dribble.
- I know how to move into and create space to support a teammate.
- I use the appropriate defensive technique for the situation.
- I can apply rules, skills and principles to play in a tournament.
- I work in collaboration with others so that games run smoothly.
- I can recognise my own and others' strengths and areas for development and suggest ways to improve.

### Useful Vocabulary

angle

anticipate

appropriate

assess

collaborate

officiate

stance

trajectory

## Year 6 – Gymnastics

### **What I know and can explain**

- I have developed skill in performing the straddle, forward and backward roll.
- I can roll into sequence work and on apparatus.
- I have developed the skill of counter balance and counter tension both on and off apparatus.
- I am able to jump and explore the effect of height.
- I have explored jump sequence work with consideration of performance tools.
- I can perform inverted movements with control.
- I am able to use flight from hands to travel over apparatus.
- I can create a group sequence using formations and apparatus.
- I can create a contrasting group sequence using formations and apparatus.
- I am able to lead small group through a short warm-up routine.

### Useful Vocabulary

aesthetics

competent

contrasting

counter balance

counter tension

engage

execution

flight

formation

handstand

progression

refine

structure

vault

## Year 6 – Fitness

### **What I know and can explain**

- I have developed an awareness of what my body is able to do.
- I am able to demonstrate speed and stamina.
- I can explain how to change running technique to adapt to different distances.
- I am able to collect, record and analyse scores to identify areas where I have made the most improvement.
- I can explain how to develop strength using my own body weight.
- I know how to develop co-ordination.
- I have developed greater agility.
- I am able to demonstrate balancing with control.

### Useful Vocabulary

**abdominals**

**agility**

**accelerate**

**calves**

**co-ordination**

**decelerate**

**dynamic**

**engage**

**quadriceps**

**react**

**rhythm**

**stable**

**stamina**

**strength**

**technique**

## Year 6 – OAA

### **What I know and can explain**

- I know how to build communication and trust whilst showing an awareness of safety.
- I can collaborate as part of a team to solve problems.
- I have developed tactical planning and problem-solving skills.
- I am able to work as part of a team and use critical thinking to determine the best approach.
- I have developed navigational skills and map reading.
- I can explain how to orientate a map effectively to navigate around a course.
- I know how use a key to identify objects and locations.
- I am able to reflect on when and how I was successful at solving challenges and alter my methods in order to improve

### Useful Vocabulary

**adhere**  
**approach**  
**contribute**  
**determine**  
**evaluate**  
**inclusive**  
**location**  
**landmark**  
**negotiate**  
**strategy**

## Year 6 – Athletics

### What I know and can explain

- I know how to develop my own and others sprinting technique.
- I am able to identify and apply a suitable pace for a running event.
- I have developed the skills of power, control and technique for the triple jump.
- I can demonstrate power, control and technique when throwing for distance.
- I know how to throw with force and accuracy for longer distances.
- I am able to work collaboratively in a team to develop the officiating skills of measuring, timing and recording.
- I know how to help others to improve their technique using key teaching points.

### Useful Vocabulary

changeover  
discus  
explosive  
fling  
grip  
javelin  
maximum  
pattern  
phase  
release  
rhythm  
shotput  
stance  
strategy  
track

## Year 6 – Rounders

### What I know and can explain

- I have developed the skills of throwing and catching under pressure and am able to apply these to a striking and fielding game.
- I have developed the skill of bowling under pressure whilst abiding by the rules of the game.
- I can strike a bowled ball with increasing consistency.
- I know different fielding techniques and select the appropriate action for the situation.
- I understand and apply tactics in a game.
- I am able to apply my skills and knowledge to compete fairly in a tournament

### Useful Vocabulary

appropriate

assess

backstop

bowling

caught out

collaborate

consecutive

consistently

fielding

stance